



lifetrients®

learn

Highly Purified omega-3 formulation for school-aged children in delicious liquid or capsule form

Why do children need omega-3?

There is a critical need for EPA and DHA omega-3s during the formative years of life, and this is the time when most children under-consume these vital nutrients. Ultra-purified and formulated to provide maximum benefits in school-aged boys and girls, **learn** gives your child essential nutritional support needed for growing children.†

How is learn different from other medications I've been hearing about?

The omega-3s in **learn** are nutrients, not drugs. EPA and DHA work with the body's systems to promote optimal health over time; they do not force biochemical processes for immediate relief of symptoms. Further, omega-3 does not interfere with sleep or appetite. **Learn** is a customized, research-based omega-3 formula that provides an optimal ratio of EPA and DHA in the greatest concentration per teaspoon or capsule, which means your child can get greater benefits from fewer servings.†

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† **These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**



Important facts to know:

- The opportunity for your child to benefit is *now*.
- Many children today are born with too little omega-3s. The ideal time to build and maintain vital levels of these essential nutrients is during their growing years. These nutrients must be consumed on a regular basis.
- Omega-3s are *nutrients*, not drugs.
- EPA and DHA work together in the body and work best *together*.
- Side effects are not noted with regular intake of these nutrients; they are non-stimulating.
- These “good” fats are required for normal child development. The body doesn't make them and they must be consumed through diet or supplements. The typical North American food supply is lacking in these nutrients.



Easy to Swallow Capsules

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learn



Highly Purified omega-3 formulation

Learn is:

- Highly purified and concentrated
- Specifically formulated for school-aged children
- Research based to provide an optimal ratio of EPA and DHA

Dosage Recommendations:

Take 2 capsules daily with water. Best with a meal or a snack. Toddlers and smaller children may see the most benefits with 1 capsule per day while older and larger children may see the most benefits with 2 capsules daily. Optimal benefits may be seen after supplementation for a minimum of 4 months and may continue with ongoing supplementation.†

Purity

At lifetrients, we are omega-3 specialists. We know that if you want all the health benefits of omega-3 you need to take a supplement that is held to a higher standard. The highly purified omega-3 fish oil in **learn** surpasses all US and EU standards for purity and quality. The purity and concentration of **learn** is confirmed by third party laboratories.

Learn is:

- Doctor recommended
- Non-stimulating
- Ultra-purified and molecularly distilled
- Free of mercury, PCBs, and other contaminants
- Gluten free
- Sugar free
- Lactose free
- Yeast free
- Free of food allergens
- Free of artificial flavors, artificial colors, and artificial preservatives
- Safe and effective for boys and girls
- Delicious and easy to take



Supplement Facts

Serving Size: 1 Mini Softgel
Servings per container: 60

	Amount Per Serving	%DV
Calories	8	*
Fat	0.5 g	<1%
Refined Fish Oil Concentrate (EE)	750 mg	**
Total Omega-3 (EE)	500 mg	**
Eicosapentaenoic Acid (EPA) (EE)	265 mg	**
Docosahexaenoic Acid (DHA) (EE)	140 mg	**

* Percent Daily Values (DV) are based on a 2000 calorie diet for adults and Children 4 or more years of age.

** %Daily Value not established.

Other Ingredients: gelatin, glycerin, purified water, lemon oil and mixed natural tocopherols.

Contains highly refined fish oil from sardine, anchovy and mackerel



Manufactured In
cGMP Registered
U.S.A Facility

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